



August 2009 Newsletter



Debbie Linnet thanks the clients for recognizing her as a Community Partnership Award recipient

2009 Client Awards Reception: Celebrates Achievements & Inspires Hope



The clients of AAMH's Partial Care Program were recognized for their inspiring achievements at our 2009 Client Awards Reception which was held on Thursday, June 18th at the Janssen headquarters in Titusville, NJ.

community who have helped them achieve their goals. This year's Community Partnership Award recipients were the Princeton University Athletic Department and Debbie Linnet. Princeton University has been generous in providing complimentary tickets to our clients to various games throughout the year. Ms. Linnet is a volunteer of AAMH who dedicates time to guiding clients during their journaling hour. This is a great way for clients to express their thoughts in their own personal journals each week.



AAMH Board President Michael Kacsmar congratulates clients on their inspiring achievements

The Client Awards Reception is special to our organization as it is a way for our clients to express themselves in how they would like to be recognized for their achievements in dealing with mental illness.

AAMH also awarded the "Where Hope Begins..." award to Ralph Mannheimer, who was instrumental in making this year's Wine & Food event such a great success. This event raised over \$16,000 to fund our Outpatient Program.

This year's theme, which was chosen upon by the clients, was "Dispelling Mental Stigma". The clients wished to show those in attendance that just because they have been struggling with a mental illness, does not mean that they are any different. Beautiful and touching poems were read by various Partial Care program clients as well as heartwarming stories of how they have been able to overcome the obstacles of being ill.

This event could not have taken place without the amazing support of Janssen. Janssen has been a fervent supporter of AAMH and our Client Awards Reception by donating the venue and dinner for the event. AAMH and its clients are extremely grateful for this donation and hope to continue its special partnership with Janssen for many years to come.

INSIDE THIS ISSUE:

| | |
|---|---|
| 19th Annual Golf Outing- An insider's view | 2 |
| Golf Outing Sponsorship Information | 3 |
| Golf Outing RSVP | 3 |
| Client Poetry Spotlight | 4 |

This year's Glenn Rittmaster Human Dignity Award winners were Thomas Howard and George Stefanko. The Glenn Rittmaster Award is given to a client or clients who have demonstrated positive attitudes and the motivation to succeed during their recovery process. Both Thomas and George received this award for being an inspiration to others in the PC program as well as being able to gain independence in their outside lives.



Thomas Howard inspires the audience with hope while accepting the Glenn Rittmaster Award

This inspirational evening is also a way for the clients to show their appreciation to those in the



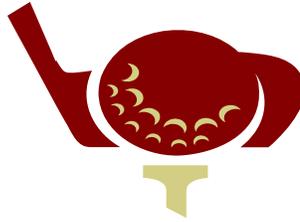
Partial Care Client Amar Kapadia sharing his successes in dealing with Obsessive Compulsive Disorder



Partial Care Program Director Ashley Wright introduces the Glenn Rittmaster Human Dignity award winners



George Stefanko encourages all to continue working the AAMH program while accepting the Glenn Rittmaster Award



19th Annual Golf Outing: An Insider's View

Monday, October 5, 2009

Have you ever heard the old saying "Golf is a good walk spoiled"? Well, Mark Twain had it all wrong. Think of it this way: the worst day on the golf course is better than the best day in the office. That's the way your 2009 AAMH Golf Committee looks at it. We are hard at work to make the 19th Annual Golf Event the best yet. There is no better way to spend a beautiful October Monday than this: playing 18 holes on the spectacular course at Cherry Valley with 80 or so other golfers, raising money for a great cause such as AAMH!

As you are probably aware, the golf event is the biggest fundraiser every year for AAMH. We need to keep the momentum going! The patients at AAMH need our help. Even in today's souring economy, the doors at AAMH are always open. The golf committee is intent on making this the best event of the year.

If you've never been to Cherry Valley, I assure you that the golf will be unbelievable, yet challenging. The undulating greens, the well-manicured fairways and the wonderful scenic location are worth the price of admission. And if you've played at Cherry Valley in the past, you can understand why we continue to use this first-class venue! But you get so much more: the food, the drink, the long drive contest, closest to the pin contest. There will also be some fantastic items available during our auction. Don't let all the fun spoil your golf game! As noted author Bruce Lansky once said: "Talking to a golf ball won't do you any good, unless you do it while your opponent is teeing off."

Your 2009 AAMH Golf Committee is asking for your help: be a sponsor! There are many benefits to you as our sponsor – advertising on print materials, your logo placed everywhere. And if you can't be a sponsor, then sign up a foursome – join us for one great day at Cherry Valley. You can help AAMH continue in their great tradition. The AAMH golf event is about raising money and having fun – the golf is merely a vehicle to get us all together. Mickey Mantle once said: "The only sure rule in golf is – he who has the fastest cart never has to play the bad lie." (But there will be mulligans for sale for those who might need one.) For more information about sponsor opportunities or to register golfers, please contact AAMH Special Events Coordinator Jamie Simpson at 609-759-7447 or email jsimpson@aamh.org. We look forward to your continued support!

-Bill Stahl

Bill is an associate at WithumSmith + Brown accounting firm in Princeton, NJ and a member of the 2008 and 2009 golf committee

AAMH's 19th Annual Golf Outing

Schedule of Events

| | |
|-----------------|--|
| 9:30 – 10:30 am | Registration Open Driving Range Coffee |
| 11:00 am | Shotgun Start (scramble format) |
| 5:00 pm | JetBlue Challenge Finals Putting Contest Shootout |
| 5:30 pm | Cocktail Reception Awards & Prizes |

2009 Golf Committee

Michael J. Kacsmar, Ernst & Young - Chairman
 Ints Dzelzgalvis, Bristol Myers Squibb Co. - Co-Chair
 Dan Dunkelberger, Celanese Americas Corporation
 Jean Magnier, Consultant
 Cynthia Murphy
 Licete Snediker, Ernst & Young
 Bill Stahl, WithumSmith + Brown

GOLF OUTING SPONSORSHIP LEVELS

Event Sponsor (\$6,000) – Two complimentary golf foursomes, listing on cover and full page ad in event program, special recognition on promotional materials, exclusive signage at registration and a hole sign

Cocktail Reception Sponsor (\$5,000) – Complimentary golf foursome, full page ad in event program, special recognition on promotional materials, exclusive signage at the cocktail reception and a hole sign

Lunch Sponsor (\$2,300) – Complimentary golf foursome, prominent signage at event, half page ad in the event program, your company’s logo card placed in lunch boxes and distributed to all golfers, lunch sponsor listing on event print materials

Par Sponsor (\$1,800) – Complimentary golf foursome, par sponsor listing on event print materials, half page ad in the event program, name displayed at event and a hole sign

Beverage Station Sponsors (4 available at \$1,000 each) – Complimentary golf twosome, prominent signage at a beverage station, beverage sponsor listing on all event materials, half page ad in event program

Hole Sponsor (\$500) – prominent signage at hole, half page ad in the event program, hole sponsor listing on event print materials

Special thanks to our current sponsors...
REILLY FINANCIAL-an office of Metlife (Giveaway Sponsor)
PEPPER HAMILTON, LLP (Par Sponsor)
ROMA BANK (Hole Sponsor)

RSVP

(please clip and send in to the address below)

Name _____
Organization _____
Address _____
City, State, Zip _____
Phone & Fax _____
Email _____

_____ I would like to reserve golf package ticket(s) at \$290.00 each.
_____ I would like to reserve cocktail reception only ticket(s) at \$65.00 each.
_____ I would like to sponsor the golf outing. See sponsorship opportunities above.
_____ I would like to purchase an ad in the event program.
(1/2 page \$150, full page \$300)
_____ I/We cannot attend but wish to make a fully-deductible contribution.

TOTAL \$ _____

Enclosed please find my check payable to AAMH OR

Please charge my: Visa Mastercard AMEX

Name as it appears on card: _____

CC# _____ Exp. Date _____

(We will be in touch closer to the outing to obtain the names of your foursome)

EACH ENTRY FEE INCLUDES:

Coffee stations, Golf Cart, Greens Fees, Lunch, Cocktail Reception, Auctions, Gifts & Prizes

Mail completed RSVP to: Jamie Simpson

AAMH

819 Alexander Road

Princeton, NJ 08540



**The Association for Advancement
of Mental Health**

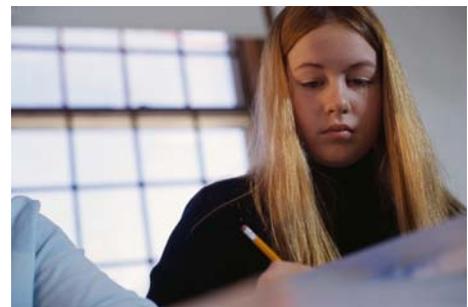
819 Alexander Road
Princeton, NJ 08540
Phone: 609-452-2088
Fax: 609-452-0627
E-mail: info@aamh.org

PRSR STD
US Postage
PAID
Permit 344
Princeton, NJ

*THE MISSION of AAMH is to improve the lives of individuals and families
by providing a continuum of Behavioral Health Care services designed to
honor their dignity, enhance their self-respect and empower them to live
to their fullest human potential.*

Client Poetry Spotlight...

"Blood Red Wings"
-Nicole
Caged
She is locked
Behind these prison walls
Singing songs of sorrow
Lonely
She is confined
Wondering "What is outside?"
Singing songs of fear
Broken
She is haunted
By thoughts of death
Singing songs of pain
Staggering
She is dragging
Her blood red wings
Singing songs in agony
Reduced
She is held
In warm and gentle hands
Singing songs of relief
Accepted



AAMH's Partial Care Program encourages all clients to express themselves through various artistic outlets such as painting and drawing, creative writing and journaling. Each day clients are encouraged to write down their thoughts, emotions, fears and successes as a means to relieve themselves of the stresses of being on a path to recovery. "Blood Red Wings" was written by a current Partial Care Client and was featured in the July 2009 issue of "Horizons" which is the client-produced newsletter of AAMH.