



## Behavioral Health Home Services

**AAMH's BEHAVIORAL HEALTH HOME** is for eligible adults 18 and over, diagnosed with **Bipolar Disorder, Schizophrenia, Schizoaffective Disorder and/or Borderline Personality Disorder.** The Behavioral Health Home provides a holistic approach to coordinated primary and behavioral health services. Health care is provided by a team of medical and behavioral healthcare professionals, dedicated to supporting clients achieve and maintain wellness

### ***PROGRAM GOALS:***

- To improve health outcomes for severely mentally ill clients living with chronic health issues*
- To decrease unnecessary hospitalizations*
- Promote healthy lifestyles to maintain or prevent chronic medical illness*

**SERVICES INCLUDE:** Care management/coordination with all providers, chronic disease management, individualized treatment planning and care, outpatient psychotherapy, exercise/wellness groups, health promotion, wellness room-fitness equipment, smoking cessation, nutrition information and support

**AAMH is licensed by the State of New Jersey to provide Behavioral Health Home Services.**

**AAMH is a Joint Commission accredited Behavioral Health Home**

*AAMH offers comprehensive behavioral health treatment that can help a wide range of mental and physical health problems. The aim of these services is to quickly improve the quality of life for those we serve. BHH participates only with Medicaid insurance providers and only Mercer County residents.*

The Behavioral Health Home provides immediate access to treatment, and clients who are eligible are encouraged to walk in for an intake between 8:30am and 2:00pm, Monday through Friday.